



MEN'S CONFERENCE NEWSLETTER

OCTOBER 15, 2022

VOLUME 01/2022

LET'S START A CONVERSATION
DO NOT BOTTLE UP YOUR EMOTIONS



2022 MEN'S QUORUM



LETS TALK ABOUT MEN'S DEPRESSION IN A RELATIONSHIP

Open up conversation as men:

Thaba Tshwane Men's Conference launched on Saturday, 15 October 2022 at 04 Henry Williams Road Thaba in Pretoria.

The first Men's Conference was hosted by the International Saint John Church in Thaba Tshwane Centurion, men from different spheres of life and different ages attended.

They addressed and discussed issues pertinent to men's marriage lifestyle and family conflicts.

The conference was by men for men to address issues affecting them, how they can get help and how their actions contribute to violence and conflict in general.

Men need to seek counselling from professionals and get help with various issues affecting them without resorting to violence. Men are also affected by depression.

Most of the speakers encouraged men to seek help from the professionals and counselling when they have difficulties.



MEN'S CONFERENCE TOPICS COVERED:

The Men's Conference touched on the following topics:

- Topic 1: Responsibilities in the marriage.
- Topic 5: Cheating in our marriages.
- Topic 6: Respect in the marriage.
- Topic 7: Bed room rules as our Parliament (Sex problems).
- Topic 8: Building Healthy Marriages and Relationships.
- Topic 9: Marriage conflicts/family violence.

Meeting Minutes (Agenda items)

Location: International Saint John Apostolic Faith Mission Church

Date: 15 October 2022

Time: 11:00

The delegates agreed that the Men's conference should change its name and the conference have started first in church but will be held in various locations and buildings. The naming of this conference should attract men both religiously and non-religiously, It was suggested by participants that Professional titles and religious titles not be used during men's conference.

One aggrieved participant indicated that:

- His needs were not being met in the house.
- He was unappreciated and sometimes the wife will ask if he can cook for himself.
- He explained that he tried to talk with her but things didn't change.
- He felt hopeless and wanted to divorce but he is worried about his kids.
- He felt clubbing of her wife was more important than him.
- She didn't make me feel special.
- Another participant quoted that laws are given to Men but instructions to Women, Men are masters of their households but are servants to God.
- They indicated that man must live by Gods word at all times, A man must let God fix him otherwise a woman will fix the men. It was indicated that we as men should let go of excuses and be responsible for our mistakes, be truthful, honest and just.
- A participant quoted from Prov 27:17) The phrase from Prov 27:17, "iron sharpens iron," is almost universally seen as positive: wise people should be questioning, encouraging, coaching, and challenging each other.
- One participant quoted Proverbs c31 v1 – 31 (the focus was from verse 14-31).
- God will forever be our father, without him we are non-existent. The next me Men's Conference is planned for February 2022

Secretary: Mr S.J. Molefe



MEN AND WOMAN ARE AT A CRISIS POINT OF CHEATING IN THEIR RELATIONSHIPS:

Two participants revealed the following reasons for cheating: anger, self-esteem, lack of love, low commitment, neglected, sexual desire, and disrespected.

It was mentioned that some of women in our culture and society have become educated, independent and self-sufficient resulting to disrespecting of their partners. This shows that men are suffering in many marriages because of it. Many have lost their place in their marriages as man.

CATERING SPONSOR:

Mr M.J. Mamabolo and Ms R. Maletse



International Saint John's Apostolic Faith Mission Church



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BISHOP M. GCEBE THANK YOU LETTER

To: Mr M.J. Mamabolo and Ms R. Malete

Date: 15 October 2022

We at the International Saint John Church and Men's Conference Team would like to extend our gratitude to you for the sponsorship of our 2022 Men's Conference event. Because of your help, the event was turned a huge success. The event could not have been possible without your support.

We look forward to your continued support in the future.

We thank you.

**BISHOP M. GCEBE
CHURCH LEADER**

INTERNATIONAL SAINT JOHN'S
APOSTOLIC FAITH MISSION CHURCH

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BISHOP M. GCEBE